

## SEACOAST UNITED FIELD HOCKEY TOUR UK 2018

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12
	<b>BREAKFAST</b>											
<b>MORNING</b>	Arrival	Hockey Session	Arundel Castle & Arundel Town Centre	Hockey Session	Brighton Visit Shopping & Beach	Hockey Session	Portsmouth Shopping & Historical Dockyard Tour	Hockey Session	Hockey Debriefs 1 to 1	Round Robin Tournament Day	Women's Hockey World Cup Match or London Day	Free time & Packing
	<b>LUNCH</b>			<b>LUNCH</b>		<b>LUNCH</b>		<b>LUNCH</b>		<b>LUNCH</b>		<b>LUNCH</b>
<b>AFTERNOON</b>	Ice-breaker hockey session	Hockey Session	Match 1	Match Prep	Kwik Cricket	Hockey Session	Portsmouth Quiz	Hockey Session	Match Prep	Round Robin Tournament Day	Closing Presentation	Departure
	<b>DINNER</b>			<b>DINNER</b>		<b>DINNER</b>		<b>DINNER</b>	<b>DINNER</b>			
<b>EVENING</b>	Welcome Presentation	Team Building Games	Nutrition Seminar	Players Lounge	Players Lounge	Strength & Conditioning Workshop	Players Lounge	Movie Night	Players Lounge	London Quiz	Players Lounge	Players Lounge
	Players Lounge	Players Lounge	Players Lounge			Players Lounge		Players Lounge		Players Lounge		Players Lounge

**SPORTS**TOURSEUROPE

Timetable subject to change

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